



Grace for the Afflicted: A Clinical and Biblical Perspective on Mental Illness

Matthew S. Stanford

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Each day men and women diagnosed with mental disorders are told they need to pray more and turn from their sin. Mental illness is equated with demonic possession, weak faith and generational sin. Why is it that the church has struggled in ministering to those with mental illnesses? As both a church leader and professor of psychology and neuroscience, Michael S. Stanford has seen far too many mentally ill brothers and sisters damaged by well meaning believers who respond to them out of fear or misinformation rather than grace. *Grace for the Afflicted* is written to educate Christians about mental illness from both biblical and scientific perspectives. Stanford presents insights into our physical and spiritual nature and discusses the appropriate role of psychology and psychiatry in the life of the believer. Describing common mental disorders, Stanford asks of each: "What does science say and what does the Bible say about this illness?"

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