



# The Hole in Me Since the Day You Died

*David Labrum*

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## **The Hole in Me Since the Day You Died** David Labrum

The book, *The Hole in Me Since the Day You Died*, developed by David Labrum, features the artwork of seven adults who experienced the sudden and unexpected death of a loved one or ones. They use their art as a way of communicating their thoughts and feelings about their loss. Painting and drawing became a tactile process in which they were able to express emotions too painful or too overwhelming to voice. *The Hole in Me Since the Day You Died* provides a unique insight and perspective into the grieving process. Their artwork appears as separate "visual stories". A statement involving their loved one(s) death proceeds their artwork. Readers are then able to observe each person, through their artwork, gradually work through their grief over a period of weeks, months and years. They used their artwork as a way of exploring themselves - shaping, defining and eventually transcending their grief experience. The seven individuals whose artwork is presented in this book were among the many participants working with Labrum in a program called After Images. Labrum created this program in conjunction with The Center for Hospice and Palliative Care, Inc. in South Bend, Indiana. *The Hole in Me Since the Day You Died* was created for those who are bereaved, family and friends helping those who are grieving, and professionals working in the field of grief.

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