



# Making Love Real: The Intelligent Couple's Guide to Lasting Intimacy and Passion

*Danielle Harel PhD, Celeste Hirschman MA*

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If you are thinking about ordering this book, you probably have a strong desire to work on your relationship, but the steps to take to create any kind of real and lasting changes may feel like a mystery. You may have tried everything from taking a romantic vacation to buying a drawer full of feathers, candles and sex toys you still haven't used. You may have even gone to couples therapy and learned some tools for good communication. Making Love Real will help you take your relationship to the next level, one that includes both your emotional and your sexual connection. Written by two pioneering sex therapists and relationship coaches who have worked successfully with countless individuals and couples helping them improve their relationships and sort out their sexual challenges, this comprehensive guide offers you an in-depth understanding of sexual desire and relationship dynamics as well as a highly practical set of tools that will help you have deep and lasting transformation in your relationship. You will learn why you have the same fight over and over again and how to break the cycle to repair and heal old resentments. You will find out what actually turns people on psychologically and physically and how to have an honest, supportive conversation about your desires. You will learn how to handle the day-to-day ups and downs of relationship and how to use challenges in your relationship to deepen intimacy instead of eroding it. You will create the passionate connection you've always wanted.

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