



ABC of Eating Disorders

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The *ABC* of *Eating Disorders* is a comprehensive primer for GPs, dieticians, psychiatrists and community health teams who need to incorporate a sophisticated awareness of this field into their professional practice. It spans, and differentiates, eating and feeding disorders from diagnosis to their management and treatment. With a focus on primary care, this *ABC* touches on the medico-legal aspects and ethical issues of treating eating disorders and specialist referral.

This new title in the successful *ABC* series describes working with families, children and other specialist populations, such as the elderly, men and minority groups. It helps primary care practitioners recognise eating disorders in people presenting with other problems, while the section on comorbidity discusses the treatment of eating disorders existing with other conditions.

The *ABC of Eating Disorders* is accessible - sufferers will find it provides a useful background to self help materials, and their lay carers will be able to appreciate its intelligent and compassionate approach.



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