



**Sugar Detox: Sugar Detox for Beginners 2 for 1
FAST TRACK Power Pack! - A Sugar Detox Diet
Box Set for Fast Weight Loss & an End to Sugar
Addiction for ... (Sugar Detox & Sugar Free
Recipes)**

Gina Crawford

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SUGAR DETOX FAST TRACK POWER PACK! - Sugar Detox for Beginners & Sugar Free Recipes together!

Sugar detox box set - Fast track your way to weight loss & great health

Ready for a sugar detox that will end your sugar cravings and sugar addiction for life?

Is your body desperately in need of a sugar detox?

With the Sugar Detox for Beginners Box Set you're going to discover the best, most effective way to detox your body from the harmful effects of sugar AND how to end your sugar cravings and sugar addiction for life!

How Sugar Detox for Beginners can save your life

Statistics say that the average American consumes 156 pounds of added sugar each year. Yet, sugar can be extremely damaging to the body because it can cause all kinds of life-threatening diseases.

Nutrition experts say that refined sugar is as harmful as a drug. It is simply a pure chemical derived from plant sources that is purer than cocaine.

Studies show that sugar causes the brain to react in a similar way that it does to opiates like heroin. It makes you consume more sugar to get the same 'high' you had before.

In a concise, step-by-step way, Sugar Detox for Beginners walks you through exactly how the sugar detox diet works and how to start eating healthy for life.

Nutritionist Brooke Alpert and dermatologist Dr. Patricia Farris recommend following a 4 week eating plan

with sugar free recipes AFTER your sugar detox. This box set has got you covered! Sugar Detox for Beginners no fluff, quick start guide shows you HOW to detox and the Sugar Free Recipes book equips you with weeks of sugar free recipes that you can use after your detox!

Sugar Detox for Beginners teaches you:

Sugar Free Recipes for Dessert

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Harry Nelson:Do you among people who can't read enjoyable if the sentence chained from the straightway, hold on guys this aren't like that. This Sugar Detox: Sugar Detox for Beginners 2 for 1 FAST TRACK Power Pack! - A Sugar Detox Diet Box Set for Fast Weight Loss & an End to Sugar Addiction for ... (Sugar Detox & Sugar Free Recipes) book is readable by you who hate those straight word style. You will find the details here are arrange for enjoyable reading through experience without leaving even decrease the knowledge that want to deliver to you. The writer of Sugar Detox: Sugar Detox for Beginners 2 for 1 FAST TRACK Power Pack! - A Sugar Detox Diet Box Set for Fast Weight Loss & an End to Sugar Addiction for ... (Sugar Detox & Sugar Free Recipes) content conveys the thought easily to understand by lots of people. The printed and e-book are not different in the content material but it just different such as it. So , do you even now thinking Sugar Detox: Sugar Detox for Beginners 2 for 1 FAST TRACK Power Pack! - A Sugar Detox Diet Box Set for Fast Weight Loss & an End to Sugar Addiction for ... (Sugar Detox & Sugar Free Recipes) is not loveable to be your top record reading book?

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