



The Credit Diet: How to Shed Unwanted Debt and Achieve Fiscal Fitness

John Fuhrman

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"You'll treasure the practical insights and the useful tips in this book. You'll think differently, act smarter, and increase your wealth by learning John Furhman's ideas."

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Chairman, Great Harvest Bread Co.

Founder, National Speakers Association Foundation

It's no big surprise that each year thousands of people fall into debt. What is shocking is that many of us accept the fact that we could be in debt for the rest of our lives. John Fuhrman should know because he has been there, but he decided to put a plan together that would eliminate debt from his life for good.

In *The Credit Diet: How to Shed Unwanted Debt and Achieve Fiscal Fitness*, award-winning speaker and bestselling author John Fuhrman uses his personal life experience of overcoming debt to provide you with a practical and easy-to-follow road map that will help you to rise above your current financial situation and take the necessary action to remove debt from your life.

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