



The Retreat

Jill E. Friedman

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Eight women-some close friends, others loosely connected-have just been chosen to participate in a long weekend retreat. Each struggles with her own problems and self-doubts and is at a pivotal point in her life. As the women leave their busy worlds behind and arrive at the Serendipity Ranch in Santa Barbara, they are greeted by five female hosts who are gifted in ways beyond the norm. While enjoying yoga classes, art lessons, meditation sessions, and various spa treatments at the ranch, the women attempt to overcome unique challenges, battle criticizing inner voices, and shed emotional shackles-as five cosmic forces secretly work behind the scenes to help them resolve their issues. But their stay is not without conflict; one of the visitors goes to great lengths to defy the rules, and intruders threaten their safety. Meanwhile, their angel-like hosts must rely on their magical abilities to rectify each situation while quietly hoping their actions will have a ripple effect on the world. In this poignant tale, eight women share an unforgettable weekend journey that opens their hearts and minds and encourages each to discover her own truth.

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