



The Soul Mate Myth: A 3-Step Plan for Finding REAL Love

Jean Cirillo

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You've been tricked. Society keeps telling you that there's a one-and-only soul mate just for you, a Prince Charming that will be as perfect as your relationship. And what's worse: you've started believing it. Now, **Jean Cirillo**, PhD, will teach you to stop swooning over picture-perfect legends and remember what really makes a man worth loving for a lifetime. This practical book takes on everything you know about what works in a relationship and will get you to look at love with fresh eyes. With this book in hand, you'll be able to:

- Separate the man from the myth
- Get rid of unreasonable expectations without giving up on what's really important
- Enjoy aspects of love and dating you've previously taken for granted
- Love and be loved for the right reasons
- Commit to a real-life man and build a lasting relationship

Armed with case studies of strong marriages and resilient love, this book exposes the lie of the perfect match and gives you the tools you need to identify and pursue exciting--and attainable--new possibilities for love.

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From reader reviews:

Justin Campbell:

A lot of people always spent all their free time to vacation as well as go to the outside with them household or their friend. Do you realize? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity this is look different you can read any book. It is really fun for you personally. If you enjoy the book which you read you can spent 24 hours a day to reading a publication. The book The Soul Mate Myth: A 3-Step Plan for Finding REAL Love it is quite good to read. There are a lot of those who recommended this book. These folks were enjoying reading this book. When you did not have enough space bringing this book you can buy often the e-book. You can m0ore quickly to read this book from your smart phone. The price is not to cover but this book features high quality.

Molly Salazar:

Playing with family within a park, coming to see the marine world or hanging out with friends is thing that usually you will have done when you have spare time, after that why you don't try thing that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love The Soul Mate Myth: A 3-Step Plan for Finding REAL Love, you can enjoy both. It is fine combination right, you still would like to miss it? What kind of hang-out type is it? Oh seriously its mind hangout men. What? Still don't have it, oh come on its called reading friends.

Adam Mathews:

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