



The Bad Relationships Manual for Women: How to Let Go of a No Good Man -- 60 Days to Falling Out of Love with a Guy Who Treats You Like Crap!

Storm G. Chaseling

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Are You Sick and Tired of Being in Bad Relationships?

Do you keep going back over and over and over again, hoping that THIS TIME, it will be different? And it's good – oh it's oh so good for two or three weeks. During this time, you fall deeper and deeper in love with him, then the “old him” resurfaces.

He does something that hurts you so deeply that this time, you swear, “I'm leaving his a** for good!”

But, he sweet talks his way back. Two or three weeks later, it's the same s*it all over again.

If this sounds like you, I know just where -- and who -- you are.

I'm an over 35-year-old woman who's fallen for way too many no-good men – and had my heart broken time and time again. I fell in love with these men – and even when I KNEW they were no good for me and never would be – I stayed . . .

Hoping that things would get better;

Hoping he would realize what a good woman I was;

Hoping he could see how good we were together;

Hoping he would realize how much I loved him;

Hoping . . . hoping . . . hoping.

It spite of all of my hoping (and praying and crying and begging and pleading and playing hard to get), it never worked out. EVENTUALLY he'd leave me, or I'd get sick and tired and leave him. Then, I'd repeat the cycle all over again.

Does this sound like you? Are you stuck in a “hoping” (ie, hopeLESS) relationship – one you know is no good for you but you just can't seem to let go? Then this advice is for you.

I Am Not a Shrink . . . But I've Been in Plenty of Bad Relationships

I'm just a regular woman who has a tendency to pick the wrong guys – and stay stuck with them. And you know what, I don't blame any of them. I blame myself. But I finally got sick and tired of being sick and tired. I got tired of losing at the “love game.” And I vowed I'd never put myself through that again.

Hence, when I was struggling with going back – yet again – to the last no-good man I dated, I examined just what the pull was; what did I so “love” about this man I spent two years with who treated me like sh*t from practically day one.

I needed to have my head examined.

I mean, I’m educated, run my own business, am well-travelled, am considered quite beautiful and one of those women who everyone thinks “can have anyone she wants.”

But, what most didn’t realize is that I settled. I was often in relationships where I got almost nothing that I wanted. I settled for the craziest behavior; letting men walk all over me in so many ways – doing things I’d never settle for in any other area of my life.

I believe that to break this abusive cycle (because that’s what it is – self-abuse), sometimes all we need is some good, solid, no-nonsense advice (a la Dr. Phil) from someone who’s been there and done that.

Following is a partial Table of Contents

My Last Bad Relationship with a No-Good Man: How and Why I Finally Let Go of Him

What Kept Drawing Me Back Into Bad Relationships

The Final Straw that Broke My Bad Relationship Habit

The Love of a Good Man – You Don’t Have to Settle for Bad Relationships

Breaking the Bad Relationship Habit: Why You Should Keep This Book Close

STEPS I THRU III TO GETTING OUT OF A BAD RELATIONSHIP

Success is the Best Revenge: The Barbara Corcoran Story

The Importance of a Driving Factor

STEP IV TO GETTING OUT OF A BAD RELATIONSHIP

Grieve Like “Madonna”

STEP V TO GETTING OUT OF A BAD RELATIONSHIP

How to Stop Being Sucked Back In

STEP VI TO GETTING OUT OF A BAD RELATIONSHIP

Beat Depression

STEP VII TO GETTING OUT OF A BAD RELATIONSHIP

The 60-Day No-Good-Man Rule: Why It Takes 60 Days

DO'S AND DON'TS OF FALLING OUT OF LOVE WITH A LOSER

Advice from a Man: Why a No-Good Man Will Almost Never Leave You Alone

Are You His Just-in-Case Girl?

BAD RELATIONSHIP ADVICE FOR WOMEN PRONE TO “BAD BOYS”

Finding New Love: This Time IT WILL Be Different

Breaking the Bad Boy Syndrome

Do You Need Therapy?

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From reader reviews:

Karolyn Kaufman:

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Yvonne Tetrault:

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