



## Diabetic Cooking 3 Books in 1: Snacks, Main Dishes, Desserts

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# Diabetic Cooking 3 Books in 1: Snacks, Main Dishes, Desserts

## Diabetic Cooking 3 Books in 1: Snacks, Main Dishes, Desserts

Get three diabetic cookbooks for the price of one. The *Diabetic Cooking 3 Books in 1: Snacks, Main Dishes, Desserts* is comprised of cookbooks for snacks, main dishes, and desserts—each organized into specific food categories and cooking methods. The collection includes more than 150 recipes, each accompanied by nutritional information and dietary exchanges based on the American Diabetes Association exchange lists.

The diabetic recipe collection is spiral-bound and lies flat when open for easy use. You'll want to try these delicious and diabetic-friendly recipes:

- Asian Vegetable Rolls with Soy-Lime Dipping Sauce
- Smoked Chicken Bagel Snacks
- Pork and Plum Kabobs
- Skillet Fish with Lemon Tarragon "Butter"
- Lemon Mousse Squares
- Chocolate Chip Cookies

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