



The Miracle of Bio-Identical Hormones, 2nd edition

Michael E. Platt

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This book explains why we are not well and what can be done about it. This award-winning book is reader friendly and has drawn national and international praise because of it's revolutionary ideas on natural hormone replacement. Many conditions felt to be incurable can be eliminated by treating the cause. This includes: fibromyalgia, depression, anger, ADHD, insomnia, migraines, PMS, road rage, alcoholism, diabetes, etc. The hormonal connection to weight problems is explored, plus other concerns such as: osteoporosis, asthma, stress incontinence, IBS, RLS, etc.

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