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Essential Sports Medicine



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Essential Sports Medicine is a brand new core text for medical and physiotherapy students and General Practitioners who want a comprehensive yet concise practical guide to the biomechanics and physiology of sporting injuries and treatment.

The book takes a multi-disciplinary approach and is organised into regional and sports-specific injuries. The book also covers the team physician's role, acute management, drugs in sport, and rehabilitation techniques. High quality functional anatomical diagrams and photographs are included as well as Key Points boxes to highlight diagnosis and rehabilitation protocol.

The content is completely up-to-date and is aimed at students and GPs interested in this increasingly important and popular subject, rather than specialists in the field. The contributing authors are recognised worldwide experts in their areas.

Essential Sports Medicine is ideal for medical students and physiotherapy students and General Practitioners undertaking further postgraduate training in this area.

Pre-Publication reviews

'I believe there is a great need for a publication such as this, which will dedicate itself entirely to the still rather young and developing area of sports medicine...' 4th year medical student, Glasgow University

'I like it a lot!... The inclusion of chapters on drugs, women, and children, etc. also widens the scope, adding to its appeal' *Final year medical student, Newcastle University*

'I am impressed by the aim and scope of the book. The area of education in sports medicine is one which is becoming increasingly important, but at present is poorly served in terms of reference materials' *Derbyshire GP who has just completed the Diploma in Sport and Exercise Medicine*

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Essential Sports Medicine can be one of your nice books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining but delivering the information. The copy writer giving his/her effort that will put every word into satisfaction arrangement in writing Essential Sports Medicine nevertheless doesn't forget the main place, giving the reader the hottest and also based confirm resource information that maybe you can be one of it. This great information can certainly drawn you into new stage of crucial contemplating.

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