

15 Best Homemade Body Butter Recipes: Secrets to Making All Natural Body Butters for Nourished and Soft Your Skin (Self Healthy Series Book 4)

Jessie Huff



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Discover Your Best Homemade Body Butter

Natural body butters rejuvenate your skin cells regardless of what damage you have done to your skin. Dry skin can occur if you spend too much time in the sun or by the natural aging process. Other factors that can lead to dry skin include smoking and drinking alcohol. Even if you do not suffer from dry skin, applying body butter to your skin will help keep it fresh and vitalized.

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What's inside?

- What is Body Butter?
- Using Vanilla
- Using Peppermint
- Using Tallow
- Using Tea Tree Oil
- Using Kukui Nut Oil
- Using Lavender
- Using Magnesium
- Using Cinnamon
- Using Chocolate
- Using Virgin Coconut Oil
- Avoiding Allergic Ingredients
- Going Citrusy
- Going with Mango Butter
- Going with Crushed Flowers
- Frequency of Use

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